



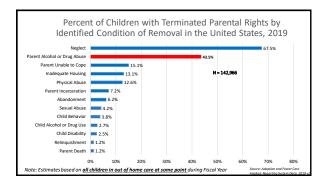
Describe the typical abuse/neglect case process in New Hampshire.

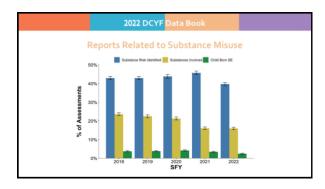
Describe how Family Treatment Court uses cross-systems collaboration to address the needs of families affected by SUD to include access to SUD and mental health treatment for parents, children and family relationships.

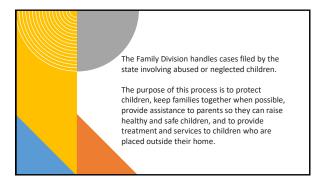
Review a case presentation of a family who would participate in Family Treatment Court and what benefits they might access.

Discuss how attendees can support families with open abuse and neglect cases who are affected by SUD.

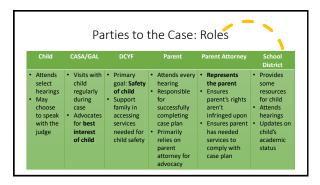




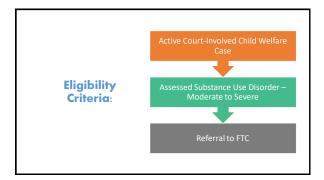


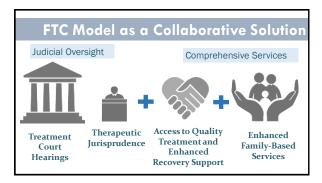


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So how does Family Treatment Court use cross-systems collaboration to address the needs of families affected by SUD?



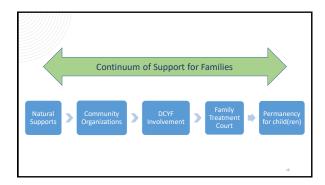


## How Does the FTC Team Help Families Succeed? Assessment of Strengths & Comprehensive Case Plans & Supports & Supports & Success! Equitable admissions, retention, treatment, responses, and child welfare outcomes

# #Regular" Child Protection Case \*Case Manager Parents given contact #s for services; some do not contact Parents meet with judge every 3 months Sporadic drug testing Incentives for positive behaviors toward end of case Abuse/Neglect Case: 12 Family Treatment Court Case Management Team Whole family has warm handoff to services early in case Parents meet with judge 2x/month Regular drug testing Incentives/recognition for positive behaviors at every meeting with judge

#### "Therapeutic Jurisprudence"

- An overarching principle: the way in which our judicial system attends to and prioritizes the therapeutic care and treatment of the individuals in the system to create more positive outcomes.
- More specific to Family Treatment Court: the judge practices therapeutic jurisprudence by interacting in a personal, supportive, and solution-oriented way
  - Less adversarial
  - Breaking down formal barriers
  - Approaching parents "where they are at"
  - Must be balanced with the need to comply with the legal protections and structure
    of the abuse and neglect system





#### Talk about Family Treatment Court!

- $\bullet\,$  Need to bring name recognition to FTC
- Talk to your local court connected lawyers, providers, clerks and court staff
- Ask for sit down with your local judge or judges to ask about FTC
- This model is how all our courts should be operating; we need to begin by creating recognition within our communities
- FTC is a program that requires community buy-in and a network of support.

#### Stigma and Families Impacted by SUD

"Stigma is a set of negative attitudes or beliefs about a person or a group of people. Stigma reinforces unequal power dynamics and has a direct impact on the quality of life of the person(s) or groups these attitudes are directed towards"- Howell & Chasnoff, 1999

 Stigma interacts with illness and exposes people to distorted experiences with criminal/mental health/medical treatment.

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### Addiction Stigma and Challenges within Abuse and Neglect Cases

- Negative reputation is hard to overcome; often already known to law enforcement and CPS
- Autonomous decision making may be perceived as non-compliance, resistance which can create adversarial relationships between families and systems
- Relationship dynamics within the family are changing; Typical recovery process has peaks and valleys
- Earlier trauma is often exposed; "just stop using myth"
- Feelings of guilt, low self worth
- Accepting help for the child may open parent to scrutiny and increase their vulnerability

#### Language Matters

- Let's do a small activity...
- $^{\sim}$  How we perceive a human condition changes how we respond to it, and in turn, changes the outcome  $^{\sim}$

Language Choices-Say tl	his not that
Deficit Based	Strength/Recovery Focused
Addict, Junkie, Meth head	Person with a substance use disorder
Clean, dirty (for a person)	Using substances or abstinent from substances
Clean, dirty (for urine drug screen)	Positive or negative for a substance
Clean, Dirty (syringe)	New or used
Abuse of substance	Harmful use, misuse, high risk use
Replacement or substitution Therapy	Medication for Addiction Treatment
Habit or drug habit	Substance use disorder
November 30, 2023	

## Deficit Based Strengths/Recovery Focused Substance Abuser Substance Abuser Person with a substance use disorder, Person with an addiction, Person in recovery Suffering from Working to recover from Acting out, splitting Ineffective communication Non-compliant to treatment Uses alternative coping methods, may be experiencing barriers Frequent Flyer Takes advantage of available services and supports. Seeks care when needed. Unaware of capabilities/unaware of opportunity Nonemoder 18.1.2023

When we say
Recovery and
Treatment are
a part of the
FTC team...

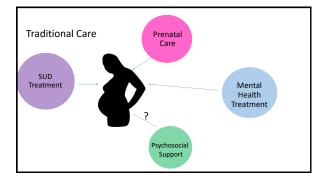
\* Immediate connection with Peer Support to assist parent in connecting with treatment and help support through
FTC process

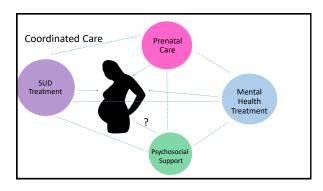
\* Referral for Substance Use Evaluation and assess for appropriate level of care, connection to treatment program

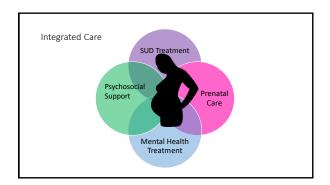
\* Urine Screens required for ongoing accountability, used for therapeutic interventions within FTC

\* Treatment becomes a heard voice at the table providing education and support to the team as well as the parents involved.

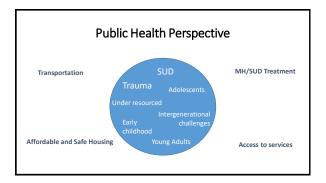












#### **FTC Multidisciplinary Team**

A multidisciplinary team of professionals ... includes any agency that provides essential services for the children, parents, and families the FTC serves.

- Judge
- · FTC coordinator
- DCYF attorney
- DCYF caseworker
- Parent's attorney
- Guardian ad litem and/or Courtappointed special advocate
- · SUD treatment provider
- Mental health treatment provider
- Child and adolescent services providers
- Related agencies such as health, educational, vocational, recovery and reunifications support, law enforcement, and probation

#### **FPC Model – Multiple Expertise**



Child Welfare services assess child risk and safety, provides for needs of child and family, focus on child permanency and well-being



Treatment assess need for treatment — level of care, areas of life functioning, recovery supports



Court provides oversight, ensures timeliness, child well-being and access to services

## FTC made it a lot easier to access services for [the children]. It also provided a wonderful opportunity to meet care providers and acquire a better understanding of what services are available and how to best access them. Jan Bettencourt, CASA

## ...Prevention! Parents in recovery often have values that are fantastic protective factors for their children: Understand addiction and consequences of use Connected to a community Teach their kids the healthy ways they have learned to cope, celebrate and commiserate Getting kids into mental health services earlier will help them learn to cope & celebrate in healthy ways Studies have found that when families are involved in FTC, fewer kids are involved with criminal justice system Family Treatment Court is a tool to break intergenerational substance use.

### What Can You Do?

- Start with curiosity and <u>stay</u> curious. This keeps us out of our judging mind and more aware of our own internal bias
- Access is important to parents and being able to continue to participate in their children's lives in a parenting capacity is a motivator
- Acknowledge that parents do not know how to do this and are learning
- Suspicion and Distrust of systems are almost always present, be the reason that they give the next system they encounter a chance

### Case Presentation #1.

Bill and Jessica have one child, Patrick, who is four years old. Bill is currently held in jail awaiting trial on a drug possession charge. Jessica was left to care for Patrick but her untreated bipolar disorder led to conditions of neglect. Patrick was taken from the home and placed in a foster home approximately 1 hour from where Jessica lives. Jessica is working part-time and currently has no transportation

#### Case Example #2

Jody and Derek met in a residential treatment program 3 years ago and now have a 1 year old, Ava; and a 2 year old, Hayden. Jody previously involved with CPS, resulting in the loss of her parental rights, of her oldest daughter, age 16. Jody and Derek are facing eviction due to unpaid rent. Jody is currently in a treatment program attending outpatient groups once per week and medication for OUD. Derek lost his health insurance 5 months ago and has been taking medication for OUD unprescribed. He has been struggling with periodic methamphetamine use and recently CPS became involved after Hayden was found unsupervised outside of the apartment while in Derek's care and Jody was grocery shopping. Children have not been seen for pediatric follow up.



### What can you do?

- Check out this resources about AN cases: Online Tutorial for Substance Use Disorder Treatment Professionals: (National Center on Substance Abuse and Child Welfare)
- Advocate for and connect people with abuse/neglect cases with peer support and DCYF embedded LDACs
- Cross training among stakeholders
- Make this approach more status quo, for instance: Providing information for the judge to create helpful orders

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THANK YOU

Contact:

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### \*\*Content for Children and Family Fatients and Relational Association of Energy Court Professionals, (2023) Family Prostment Court Basel Parallel Standards. Progrand for the Officer of Jamels Indicates and Relational Associations of Energy Court Professionals, (2023) Family Prostment Court Basel Parallel Relational Professional Standards. Progrand for the Officer of Jamels (American Standards) Professional Family Relational Standards (American Standards) Professional Standards (American Standards) Professional Professio