

Strengthening Our Response Together

New Hampshire Governor's Commission on
Alcohol and other Drugs

NH Behavioral Health Summit

December 5, 2022



Governor's Commission on Alcohol and other Drugs

- ❑ Overview of the Commission
- ❑ Strategic Planning Process
- ❑ Action Plan Priorities



Multidisciplinary Membership

- ❏ Public members
- ❏ Legislative members - House and Senate
- ❏ State agency leadership
- ❏ Designated Sector Representation



Required Duties

- ❑ Create and revise **statewide plan**
- ❑ Advise the Governor and Legislature
- ❑ Direct funding appropriated to the Commission



Strategic Planning

“ Develop and revise, as necessary, **a statewide plan** for the effective prevention of alcohol and drug abuse, particularly among youth, and a comprehensive system of treatment and recovery services for individuals and families affected by alcohol and drug abuse.”



Planning Components

Research

Available data
Progress on previous plan strategies
Complementary state plans

Public

Survey
Focus Groups
Key Informant Interviews
Public Input Session

Task Forces

Recommended revisions to plan

Commission

Key Informant interviews with Commission members
Reviewed and approve of final draft

Chair

Oversaw the process and approved final plan for dissemination



Community Voices for Strategic Planning

Data Report: 2021 Community Experience Survey, Focus Groups, Key Informant Interviews, and 2022 Listening Session





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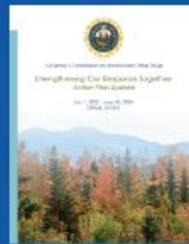
Task Forces and Work Groups

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NH Governor's Commission Action Plan Update (SFY23-SFY25)

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NH Governor's Commission Action Plan Data Dashboard – Tracks progress on the Action Plan objectives and targets. Updates coming soon!

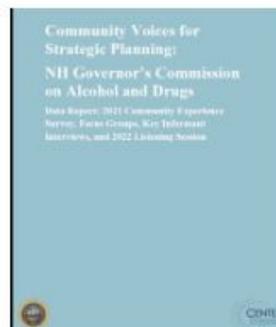
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Governor's Commission Reports



Action Plan Progress 2019 – 2021



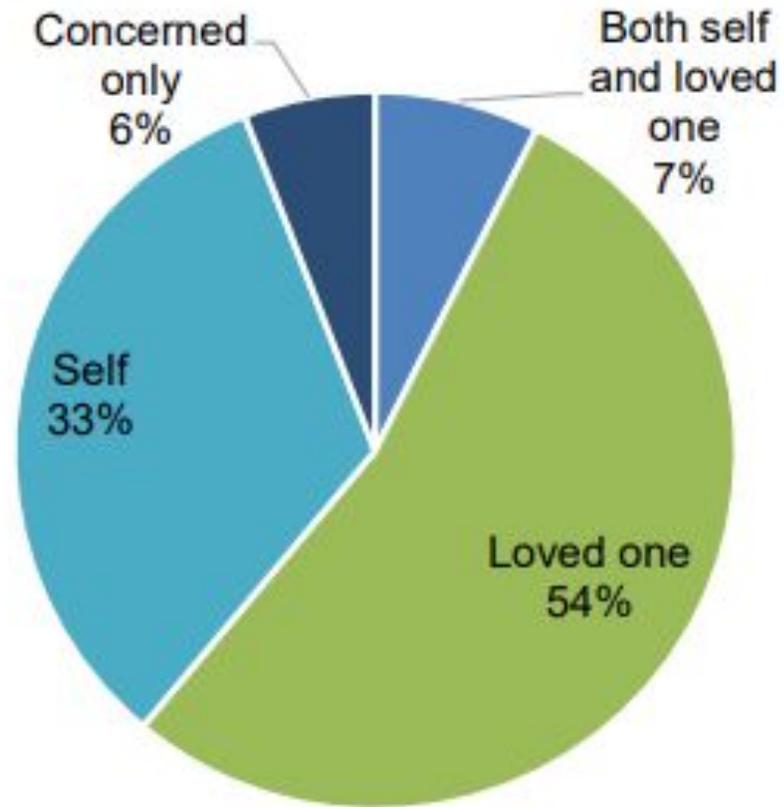
The Community Voices for Strategic Planning Data Report



New Hampshire Stimulant Work Group Strategy Recommendations
December 2021

Stimulant Work Group Strategy Recommendations

Community Experience Survey



Mission

To significantly reduce alcohol and other drug problems and their behavioral, health and social consequences for the citizens of New Hampshire



Use of Services & Gaps in Awareness

	Used for Myself	Used for a Loved One	Did not use, but am Aware	Did not use, and Not Aware
Preventing Problematic Alcohol and Drug Use				
Youth Prevention program. For example, Life of An Athlete, Juvenile Court Diversion, or Student Assistance Programs.	20.6%	33.4%	28.0%	20.0%
Prescription Drug Storage & Disposal				
Prescription drug drop box at a hospital, pharmacy or police department	21.0%	31.9%	32.4%	15.3%
Prescription Drug Take Back Event (offered twice a year)	21.4%	26.8%	34.3%	17.7%
Safe disposal (i.e., Deterra)	20.3%	31.2%	29.0%	19.5%
Safe storage (i.e., lock box)	22.5%	28.4%	29.8%	19.3%



	Used for Myself	Used for a Loved One	Did not use, but am Aware	Did not use, and Not Aware
Access Points for Alcohol and Other Drug Services				
Doorways system (either through the website, calling 211, or visiting a physical location)	22.3%	35.8%	25.5%	16.8%
NH Alcohol and Drug Treatment Locator (www.nhtreatment.org)	21.0%	29.9%	30.8%	18.6%
Mobile crisis response teams (emergency mental health services in your home or community)	21.2%	30.0%	31.0%	18.2%
Reducing Negative Consequences of Drug Use				
Syringe service programs	18.4%	32.3%	32.2%	17.3%
Free naloxone	20.0%	29.9%	32.9%	17.4%

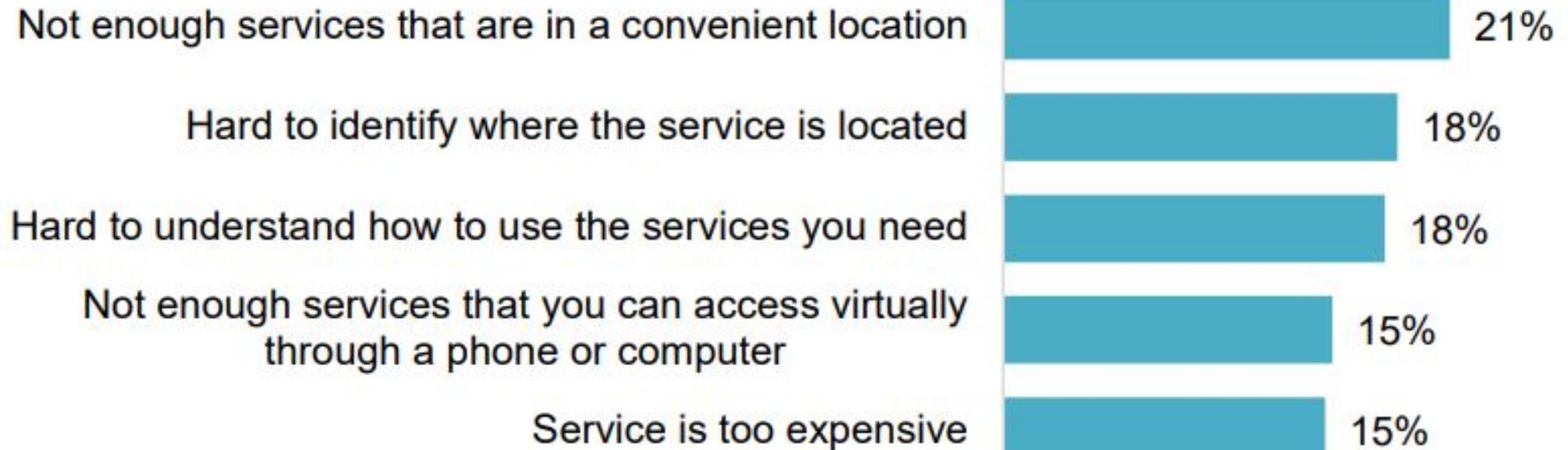




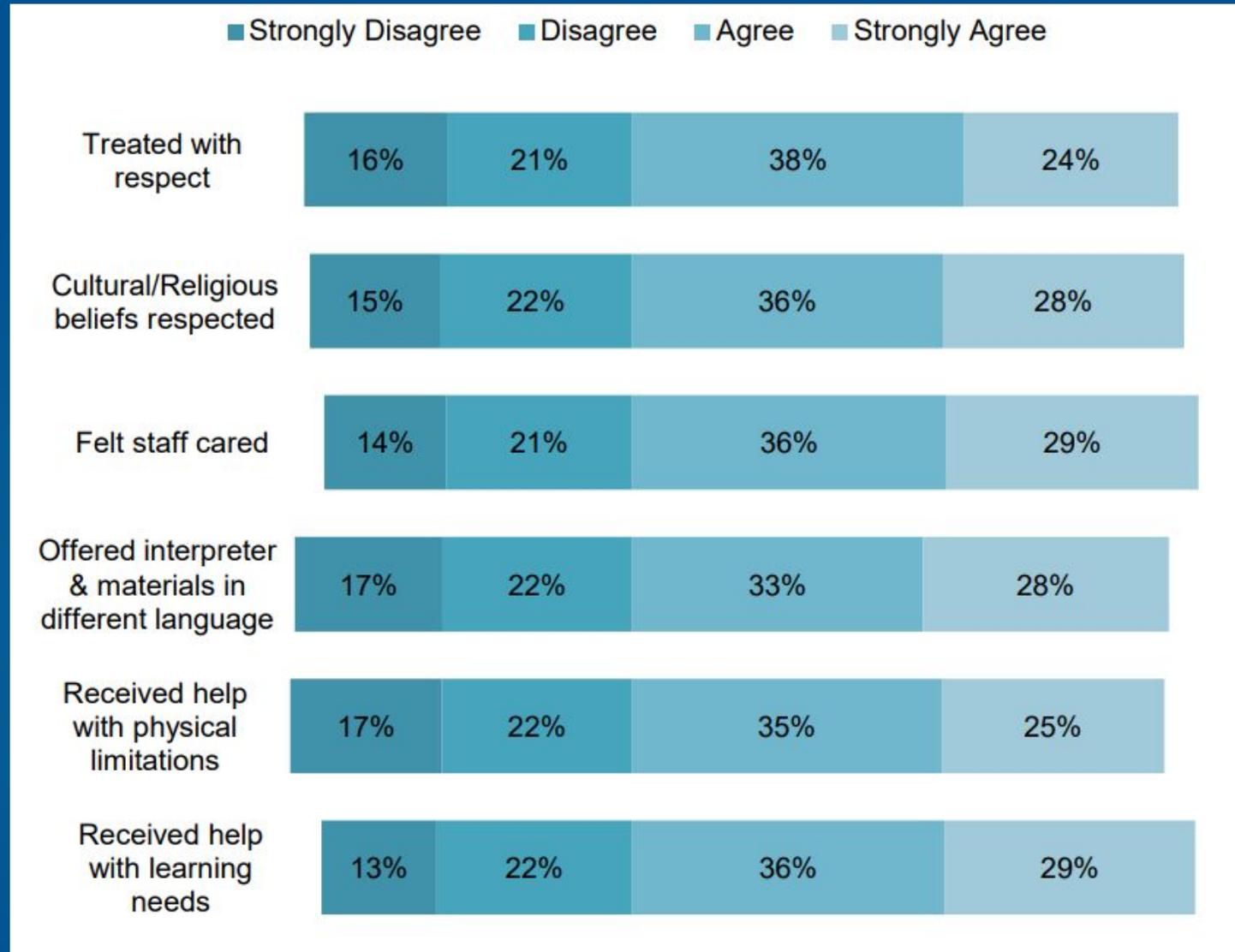
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Substance Use Disorder Treatment Services				
Medication for Opioid Disorder (methadone, buprenorphine, naltrexone)	18.9%	34.1%	31.7%	16.4%
Medication for Alcohol Use Disorder (e.g., naltrexone, disulfiram)	22.2%	27.1%	32.4%	18.8%
Medication for Tobacco Use Disorder (e.g., bupropion, varenicline)	19.8%	29.2%	31.7%	20.4%
Services for specific gender groups such as women, men, transgender	19.0%	27.3%	33.3%	21.6%
Services for specific groups such as pregnant, LGBTQ+, veterans, adolescents	17.7%	28.8%	33.4%	21.5%
Services in a language other than English	18.8%	27.2%	33.8%	21.4%
Adult Drug Court	18.7%	27.8%	33.8%	20.3%



Challenges Using Services



Experiences Using Services & Supports





Strengthening Our Response Together



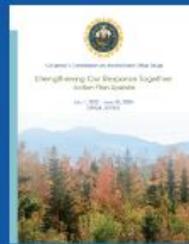
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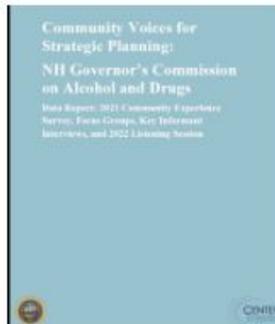
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Action Plan Progress 2019 – 2021



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Stimulant Work Group Strategy Recommendations

Action Plan GOAL

To improve the health and wellbeing of NH residents by reducing the misuse of alcohol and other drugs across the lifespan through the implementation of effective programs, practices and policies.



Objectives

By July 2025, New Hampshire will:

- I. Reduce the number of lives lost to alcohol and other drug use
- II. Reduce the incidence of negative health consequences of alcohol and drug use
- III. Increase the number of NH residents who access prevention, harm reduction, treatment and recovery support services
- IV. Reduce the prevalence of alcohol and other drug misuse across the lifespan



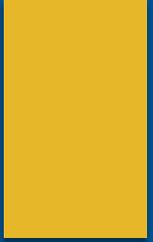
Values and Guiding Principles



Strategic Priorities

- ✓ Prevention
- ✓ Harm Reduction
- ✓ Care
- ✓ Coordination and Behavioral Health
- ✓ Integration
- ✓ Treatment
- ✓ Recovery
- ✓ Family Supports and Services
- ✓ Data Monitoring and Dissemination
- ✓ Workforce Capacity
- ✓ Professional Development





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Updated Task Force Structure

- ☐ Responsive to
 - ☐ duties of the Commission
 - ☐ action planning
 - ☐ stakeholder feedback
- ☐ Streamlining and coordinating efforts

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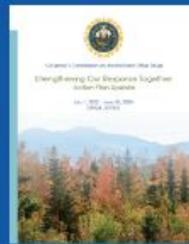


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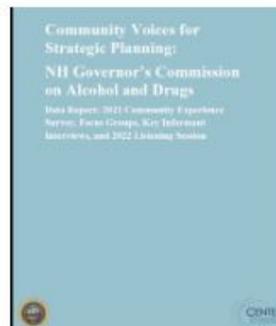


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New Task Forces

Task Force	Budget	Coordination + Cooperation	Data
Duties	<ol style="list-style-type: none">1. Reporting on AOD spending from Departments2. Recommend "alcohol fund" investments to full Commission3. Quantify and explain the anticipated "federal funding cliff"4. Maintain a "wish list" Of investments should additional resources become available	<ol style="list-style-type: none">1. Engage community voices & GC member agencies2. Coordinate efforts on strategies across the continuum3. Prioritize strategies for GC work (implementation plan)4. Annual reporting on progress, emerging issues, and recommendations5. Regularly inform the GC on landscape and plan progress	<ol style="list-style-type: none">1. Present plan metrics and updates to the GC2. Identify trends and emerging issues3. Review and vet secondary data sources/ reports for dissemination to GC4. Provide input to update data dashboard and report progress on metrics bi-annually

New Task Forces

Status	Permanent Standing
Leadership	Chair and Co-Chair Appointed by GC Chair
Voting Membership	Nominated by the TF Chair and approved by GC Chair Maximum of 12 members = 2 Prevention, 2 Harm Reduction, 2 Treatment, 2 Recovery, + SMEs
Public Input	Meeting schedules publicly posted Public encouraged to attend Time for public input at each meeting

New Task Forces Membership Update

- ❏ “statement of interest” forms submitted
- ❏ co-chairs have proposed member lists
- ❏ initial invitations going out this week
- ❏ new meetings start in January



Workgroups

Status	Time Limited
Leadership	Chair and Co-Chair, Appointed by GC Chair
Membership	Nominated by the WG Chair and approved by GC Chair
Duties	<ol style="list-style-type: none">1. Specific to the charter of each workgroup2. Associated with Action Plan strategies or emerging needs3. Task Force Chairs can create Workgroups as needed4. GC Chair can appoint WGs as needed



Example: Stimulant Workgroup

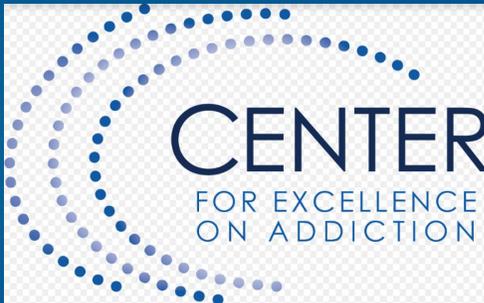
- ❑ Provide recommendations related to rising stimulant use and consequences
- ❑ multisector workgroup including subject matter experts
- ❑ short-term
- ❑ evidence-informed approach: 4 Pillars
 - ❑ Prevention
 - ❑ Treatment/Recovery
 - ❑ Harm Reduction
 - ❑ Criminal Justice



For more information



Quick Resources and Meeting Schedules

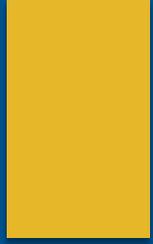


Documents and Task Force Information



Questions?

nhcenterforexcellence@jsi.com



Center for Excellence

The Center for Excellence on Addiction at the Community Health Institute/JSI Research and Training Institute, Inc., is a portfolio of projects which through expert consultation and technical assistance, work to support communities, practitioners, policymakers, and other partners as they work to effectively address addiction.

For the past 12 years, the Center for Excellence on Addiction has provided subject matter expertise, strategic planning and logistical support to the Governor's Commission on Alcohol and Other Drugs and the it's task forces.